



Sports Information



CHRIST'S COLLEGE
CANTERBURY

Christ's College Sport

SPORT MISSION STATEMENT

"To provide the best education, College must reflect the best world view and the finest of opportunities. Hence the carefully planned synergy between curriculum and co-curriculum. Sport plays a vital role with lessons in working with peers towards a common goal, lessons in co-operation, in striving for success, in sustained commitment, in acceptance of disappointment and in leadership."

PURPOSE

The purpose of this document is to:

- outline the Christ's College sport policy for students and parents
- give parents a clear understanding of what is required from their sons
- give some background for each sport

THE WIDER VIEW

For many students sport is one path to personal

satisfaction, understanding the value of endeavour, self-discipline, and other essential features of moral development.

At Christ's College, sport is kept in balance with scholastic and other co-curricular activities but is considered to be a part of school life in which many boys can excel.

Our sports programme reinforces fitness, team values, measured response to challenge, commitment and responsible individuality.

The sports programme is varied, allowing boys choice in their pursuits and depth in their experience.

It is mandatory for all boys to participate in sport at least twice each week. Most boys are involved in sport where there is competition each week. For each boy, the emphasis is on involvement, enjoyment and growth through sport. Promotion of excellence, honourable competitiveness, and striving to win are held in high regard. Bringing the best standard possible to the sport whatever it might be, is



The Programme

a core sports value taught at College. Sport teaching ensures that Christ's College students do not become spectators but remain active participants throughout their lives.

There are many roles that the co-curricular activities of sport fulfil, some of which are:

- to develop team style activities that will help boys to develop discipline both on and off the field
- to attain and enhance skills in particular sports
- to represent the College in interschool sport
- to develop physically and socially
- to learn how to be part of a group effort
- to have meaningful contact with teachers in an informal situation
- to enable parents, students and teachers to meet and work together;
- to learn to win with humility, and when a loss is experienced, to lose with a sense of dignity.

THE PROGRAMME

A weekly compulsory sports programme operates for boys in all year groups. The emphasis is on the development of the skills required for the chosen sport and of the notion of fair play.

Sports practices are scheduled into the weekly school routine on Monday, Wednesday and Thursday. Some teams may practise on other days and times depending on the availability of facilities.

Sport skills are enhanced as students are introduced to a wider selection of sports. At all levels, academic staff and/or specialist professional coaches supervise teams and individuals.

COMPETITIONS

A number of teams compete in Canterbury provincial competitions run by each individual sporting organisation. These competitions normally take place at various times during the week.



Competitions and Facilities

Boys who participate in the Canterbury Secondary Schools' sports competition compete during the week, with most occurring on Wednesdays. This competition is organised by School Sport Canterbury. Refer to each individual sport description in this booklet for exact competition days.

Students who participate in a sport that practises and competes during the week are required to participate in a Saturday activity. All College students are expected to be playing school sport on the weekend or involved in a Saturday activity.

The senior teams of the school participate in a number of traditional inter-school competitions that are hosted both nationally and internationally.

Each year College hosts several international sports teams. Overseas tours are arranged depending on the sport. In recent years College teams have toured Australia, South Africa, South America and the United Kingdom. We always appreciate parental assistance with billeting teams visiting College.

FACILITIES

College has a full-sized gymnasium on its campus, as well as grounds at South Hagley for cricket, football, and rugby. Other training facilities include the College's heated indoor swimming pool, weight training room and turf court. Kerr's Reach, Hagley Park, Hagley Park Tennis Club and a number of other facilities around Christchurch are also used for training purposes.



Sports Offered at College

Boys are required to become involved in a summer and winter sport. The options are:

ATHLETICS – TERM 1 AND 4 (SUMMER)

Master-in-Charge: Mr Graeme Christey

gchristey@christscollege.com

Venue: Upper

Training nights: Monday/Wednesday/ Thursday

Uniform: College singlet, black shorts and College track suit

Athletes who participate in athletics are expected to compete regularly in Saturday competitions. Year 9 boys who come to College as a member of an outside club may run for them over the summer while training with the Christ's College club. Success in this competition can lead to provincial selection.

Year 10 to 13 compete at Rawhiti Domain on Saturday afternoon in the interclub competition. Their grades are under-16 years and under-18 years. Success at this level can lead to provincial selection.

At College, students have the opportunity to represent their House through heats, championship events and non-championship events in the College Athletics Sports Day held in Term 1.

The age divisions for the Sports Day are: under-14, Junior (under-15), Intermediate (under-16) and Senior based on age as at 1 January.

A College athletics team is selected from these championships. This team competes in the Canterbury Inter-school Championships, South Island and NZ Secondary Schools Events.

BADMINTON – TERM 2 AND 3 (WINTER)

Master-in-Charge: Mr David Johnson

djohnson@christscollege.com

Venue: Badminton Hall

Training nights: Monday

Uniform: Black shorts and badminton shirt

Boys are transported to practise at Badminton Hall. Interschool badminton is played on Wednesday afternoons in Badminton Hall, Pioneer Stadium, or school gymnasiums. House badminton is played in Term 3 and 4. Boys must have their own racquet. This sport requires boys to do a Saturday activity.

BASKETBALL – TERM 2 AND 3 (WINTER)

Master-in-Charge: Mr Ian Stevenson

istevenson@christscollege.com

Venue: Gym

Training nights: Monday/Tuesday/

Wednesday/ Thursday (depending on team)

Uniform: College basketball uniform

All boys practise in the College gym. Interschool basketball takes place on Wednesday, Friday and Saturday morning depending on which team. Year 9 teams play after school on Friday. Games are usually played in school gymnasiums.

House basketball is played at lunchtimes in Terms 2 and 3.

A Saturday activity is required for teams playing midweek basketball.

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CRICKET – TERM 1 AND 4 (SUMMER)

Master-in-Charge: Mr Rob Clarke
rclarke@christscollege.com

Venue: Christ's College cricket grounds,
South Hagley

Training nights: Monday/Wednesday/Thursday

Uniform: College whites and cap

All practice takes place at the Christ's College cricket grounds in South Hagley. The Year 9 teams play either morning or afternoon cricket depending on their grade. Other teams play in the afternoon starting at 1.00pm, except for the top senior sides who begin at 10.30am.

House cricket is played in Term 1 for Seniors and Term 4 for Juniors. College cricket teams play in a number of traditional interschool fixtures in New Zealand and Australia and have regular tours to the United Kingdom.

CYCLING – TERM 2 AND 3 (WINTER)

Master-in-Charge: Mr Quentin Clough
qclough@christscollege.com

Venue: Various venues

Training nights: Monday/Wednesday/
Thursday/ Saturday

Students in this sport compete in the local Canterbury Secondary Schools' Cycling Championships, which occur on Wednesdays. At the end of Term 2 they compete in the South Island Secondary Schools' Championships and during winter tournament week travel to Blenheim for the two-day event.

FOOTBALL – TERM 2 AND 3 (WINTER)

Master-in-Charge: Mr Matt Cortesi
mcortesi@christscollege.com

Venue: College Cricket Grounds, South Hagey

Training nights: Monday/Wednesday/Thursday

Uniform: College football shirt, socks and black shorts

The College teams compete in the local Canterbury Football competitions.

The Senior football team also participates in a number of interschool events and national tournaments throughout Terms 2 and 3.

House football has both a Junior and Senior competition and takes place during the season.

GOLF – TERM 2 & 3 OR TERM 1 & 4 (BUT NOT BOTH)

Master-in-Charge:
(Summer)

Mr Darryn George
dgeorge@christscollege.com

(Winter)

Ms Caroline Marsh
cmarsh@christscollege.com

Venue: Hagley Golf Club and Driving Range

Training nights: Monday/Tuesday/
Wednesday/ Thursday

Uniform: School grey flannels and golf polo

All golfers have allocated nights with a pro coach, driving range or match plays on Hagley Golf Course. The College golf team play in a number of interschool fixtures throughout the year including provincial and national championships.

Interhouse golf is held in Term 4. Golf is only available to those boys in Years 11, 12 and 13. Golf is available for one season per year.

This sport requires boys to do a Saturday activity.

HARRIERS – TERM 2 AND 3 (WINTER)

Master-in-Charge: Mr Graeme Christey
gchristey@christscollege.com

Venue: Various running venues

Training nights: Monday/Wednesday/Thursday

Uniform: College singlet, black shorts and College track suit.

The boys who participate in this sport train three nights a week and participate in inter-club meetings on Saturdays.

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All students represent their House in the school cross country. This normally takes place early in Term 2. The course is around North Hagley Park and includes jumps. The age divisions for cross country are the same as athletics.

Students can represent Christ's College in the Canterbury Secondary Schools' Cross Country Championships and Road Race Championships and National Cross Country which are held in Term 2.

HOCKEY – TERM 2 AND 3 (WINTER)

Master-in-Charge: Mr Darrell Thatcher
dthatcher@christcollege.com

Venue: Upper Turf, Nunweek Park
Training nights: Monday/Wednesday or Thursday

Uniform: College hockey shirt and shorts

All hockey players train either on Upper Turf (which is lit) or Nunweek Park. Transport is often provided to training areas.

The College hockey teams participate in the local club competitions. Matches are played on Friday night or Saturday. The House competition takes place in Term 2 and 3.

MOUNTAIN BIKING – TERM 1 AND 4 (SUMMER)

Master-in-Charge: Mr Paul Rodley
prodley@christcollege.com

Venue: Different locations

Training nights: Monday/Wednesday/ Saturday

Uniform: College Mountain Biking uniform

Mountain biking takes place at a number of different locations within Christchurch. This sport is available for Year 10, 11, 12 and 13 only, but special circumstances may apply.

The boys must have a mountain bike and a passion for the sport.

POLO – TERM 1 AND 4 (SUMMER)

Master-in-Charge: Mrs Ellis-Martin
mellismartin@christcollege.com

Venue: Blue Springs (Rangiora)/
Warieka (Sefton)

Training: Wednesday/Saturday

Uniform: Riding boots, trousers and College rugby jersey.

Practices take place at two venues in North Canterbury. A College van will take players to and from practice on Wednesdays.

Riding experience for polo: Boys need to be able to trot and canter confidently.

There is a Canterbury Schools' Polo Tournament in March and in December, which College teams play in. There is also a College vs Old Boys match in December.

ROWING – TERM 1 AND 4 (SUMMER)

Master-in-Charge: Mr Henry Smith
hrsmith@christcollege.com

Venue: Kerr's Reach, Twizel, Selwyn River,
Lake Hood

Training nights: Monday, Tuesday, Wednesday,
Thursday and Saturday

Uniform: White rowing vest, black rugby shorts
and socks

Rowing is one of the premier summer sports at College. The boys train at various locations. Boys are expected to bike to Kerr's Reach from College each training day.

College competes in a number of club, inter-school and national rowing regattas throughout the year. The highlight of the year is the Maadi Cup, which is the pinnacle of secondary school rowing. There is an expectation that rowing parents will be involved in the day-to-day organisation of the club. This varies from transporting equipment to preparing meals etc.

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RUGBY – TERM 2 AND 3 (WINTER)

Master-in-Charge: Mr Rob Clarke

rclarke@christscollege.com

Venue: Upper and CCCG

Training nights: Monday/Wednesday/Thursday

Uniform: College rugby jersey, socks and black shorts

The College rugby teams compete in local CRFU club and school competitions, while the 1st XV is a member of the Crusaders Region UC Cup 1st XV competition.

The College rugby teams compete in a number of interschool fixtures. Highlights in the year include the annual fixtures against Christchurch Boys' High School, which is played in Term 2, and Otago Boys' High School. There is also a Quadrangular Tournament between Nelson College, Wellington College and Wanganui Collegiate. The Under 15 team plays in an annual eight team South Island-wide tournament during Winter Tournament week.

Rugby has interhouse competitions in 7-a-side, 10-a-side (Junior) and 15-a-side (Senior). This is played in year groups and occurs during the rugby season.

SHOOTING – TERM 2 AND 3 (WINTER)

Master-in-Charge: Mr Tony Holland

tholland@christscollege.com

Training nights: Monday/Wednesday

Students practise at the Christchurch Small Bore Rifle Range in Bangor Street. The boys make their own way there by bike. Shooting is available to boys in Year 10 and above.

College shooters have a number of inter-school competitions both locally and nationally.

This sport requires boys to do a Saturday activity.

An interhouse competition in claybird shooting takes place in Term 4.

SKIING AND SNOWBOARDING – TERM 3

Master-in-Charge: Mr Rob Clarke

rclarke@christscollege.com

This is not an official sport within College but school teams compete in the Canterbury and South Island Secondary School champs.

The ski club go to Mt Hutt every Sunday during the season and this is available to any College student.



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SQUASH – TERM 2 AND 3 (WINTER)

Master-in-Charge: Mr Chris Williams

cwilliams@christcollege.com

Venue: YMCA, Christchurch Squash Club

Training nights: Monday/Thursday/Saturday

Uniform: College tennis uniform

The squash teams compete in the local Canterbury Secondary Schools' Wednesday competition. The top squash team competes in provincial and South Island events throughout Term 2 and 3. House squash takes place in Term 3.

Each boy needs his own racquet and ball (single yellow dot)

SWIMMING – TERM 1 AND 4 (SUMMER)

Master-in-Charge: Mr Peter Cooper

pcooper@christcollege.com

Venue: School pool

Training nights: Monday/Wednesday

Uniform: College black speedos or trunks

Swimmers are divided into groups depending on ability. The beginners work in small groups, with a generous teacher to pupil ratio and the boys quickly learn how to swim.

Swimming is one of our major interhouse competitions. Heats take place at lunch time and after school in the first week of Term 1 with the College swimming championships taking place early in Term 1. From here, College's top swimmers compete in the Canterbury Secondary Schools' Championships.

This sport requires boys to do a Saturday activity.

TABLE TENNIS – TERM 2 AND 3 (WINTER)

Master-in-Charge: Mrs Lesley Anderson-McKenna

landersonmckenna@christcollege.com

Venue: Table Tennis Room, Cranmer

Training nights: Monday/Thursday

Uniform: College tennis uniform

The College teams compete in the local Canterbury Secondary Schools Wednesday competition. These matches take place at the Canterbury Table Tennis Rooms on Blenheim Road or at school venues. Each boy will need their own bat and ball.

This sport requires boys to do a Saturday activity.

TENNIS – TERM 1 AND 4 (SUMMER)

Master-in-Charge: Mr David Johnson

djohnson@christcollege.com

Venue: Hagley Park Tennis Club

Training nights: Monday/Tuesday/ Thursday

Uniform: College tennis polo and white shorts

Tennis is one of the major summer sports. College have teams in each division of the Canterbury Secondary Schools' Wednesday competition.

The tennis practices are held at Hagley Park Tennis Club under the guidance of the Club's pro coach and his team. All tennis players have access to these staff. The 1st IV also participate in provincial, South Island and national school championships.

House tennis takes place in Term 1 (Juniors) and Term 4 (Seniors)

This sport requires boys to do a Saturday activity.

College tennis players may be exempt from Saturday activities if they play club tennis. Written acknowledgement from the club is required.

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VOLLEYBALL – TERM 1 AND 4 (SUMMER)

Master-in-Charge: Mr Ian Stevenson
istevenson@christscollege.com

Venue: College Gym

Training nights: Wednesday/Thursday

Uniform: College volleyball top and black shorts

The College volleyball teams participate in the local Canterbury Secondary Schools' competition, which are held on Monday nights at Pioneer stadium or local school gymnasiums. House volleyball takes place during lunchtimes in Term 1 and Term 2.

This sport requires boys to do a Saturday activity.

WATERPOLO – TERM 1 AND 4 (SUMMER)

Master-in-Charge: Mr Neil Nicholson
nnicholson@christscollege.com

Venue: College Pool

Training nights: TBC

Uniform: College black speedos or trunks

The waterpolo players train in the College pool. The College teams compete in the local Canterbury Secondary Schools' competition during the week.

Junior competition is held in Term 4 while Senior competition is held in Term 1.

This sport requires boys to do a Saturday activity.

YACHTING – TERM 1 AND 4 (SUMMER)

Master-in-Charge: Mr Steve Everingham
severingham@christscollege.com

Venue: Lyttelton Yacht Club

Training nights: Monday/Wednesday/ Saturday

College sail out of the Naval Point Yacht Club and have a small fleet of yachts. Boys participate in all the local and some national school competitions and are also encouraged to enter local club events as individuals.



Behaviour and Guidelines

CODE OF BEHAVIOUR FOR PLAYERS AND SPECTATORS

Each boy is representing himself, the College and his family. Sportsmanship must be shown at all times both on and off the field. Foul or dangerous play, retaliation, swearing or aggressive language, arguing with referees/officials, or reacting to spectators is not tolerated. Below are the guidelines published for both spectators and players.

COLLEGE GUIDELINES FOR PLAYERS

1. Players are expected to be modest in success and dignified in defeat. This would imply the acknowledgement, willingly and openly, of good play by either school or team.
2. Players should be wholehearted in their approach to games and should adhere strictly both to the letter and the spirit of the rules or the laws. The referee or umpire's decision is final, and the captain of the team is the only one who may ask for clarification of a decision.

3. Players shall never resort to unseemly or abusive language.
4. Players should be punctual and well turned out. The home team, and in particular, the captain, should welcome the visiting team and its captain. At the conclusion of the game, compliments should be exchanged and referees, umpires and other officials (scorers, touch judges and the like) should be thanked.

COLLEGE GUIDELINES FOR SPECTATORS

1. Barracking should be enthusiastic, but not designed to heckle, denigrate or unsettle opponents. For example, barracking during a kick at a goal is unacceptable. Similarly, sledging in cricket is totally unacceptable. Barracking should be for the school only. Booing and whistling are unacceptable.
2. Good play by either team should be recognised by applause.
3. It is never right to express disapproval for a referee's or umpire's decision be it from an adult or schoolboy referee.



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4. Vocal support for any team should never encourage violence or rough or illegal play.
5. Coaching by spectators from the sideline and encroaching on the field of play are not allowed.
6. Spectators must remember that games at school level are organised for the benefit of the boys concerned, not for adults.
7. Visitors to grounds should cooperate fully with any regulations or requests made by the home school concerning car parking, entry to grounds, seating, dressing rooms and the placing of spectators. At all times visitors should leave the area tidy and free of rubbish when they leave.
8. The consumption of alcohol is forbidden at all school games.

GAME DRAWS

The game venue and time will be relayed via the coach and/or sport's noticeboard. Midweek and weekend fixtures are published on the College

sports website which can be found by clicking 'Sport at College' on the homepage www.christscollege.com

Weekend fixtures also appear in The Press on Wednesdays.

WET WEATHER ARRANGEMENTS – WINTER AND SUMMER

Wednesday competition and sport training cancellations will be published on the Sports noticeboard. For Saturday sport, participants should listen to Newstalk ZB 1098AM on the morning of the match, or cancellations on the College sports website.

WATER BOTTLES

Students are expected to bring their own water bottle. It is against Health Regulations for students to share bottles. Students' bottles should be clearly marked with their name. Water bottles are available for purchase from the College Shop.



Other Guidelines

SPORTS SEASON

The College has divided sport into two seasons: Winter (Term 2 and Term 3) and Summer (Term 1 and Term 4) with the Term 1 and 3 holidays separating the seasons. Sport selection is made in Week 5 of either Term 3 or Term 1. This process is completed through the boarding and day Houses.

TRAINING AND TIMES

For each of the sports listed, training will normally be held on two afternoons a week - depending on the age group, sport, team and time of the year. As a boy progresses into the higher age groups, this may be extended. If training requires students to move off-site then they must wear correct training gear, including a College tracksuit.

UNIFORMS

The correct uniform must be worn during the game and practice. Check with the Master in Charge of that sport if there are any questions.

No variation of uniform is allowed. This includes travelling to and from and at games. A College tracksuit must be worn to all away fixtures. The summer and winter season sports uniform must be worn with pride.

Non-College T-shirts/caps or other clothing are not permitted.

Sports uniforms are available from the College Shop.

ABSENTEEISM FROM GAMES AND TRAININGS

Wherever possible the coach must be notified by the boy concerned prior to the intended absence from training. Students are not permitted to pass messages on to their coaches via other students. It is expected that boys or parents will write to the Housemaster seeking permission, well in advance of unavoidable absences. Queen's Birthday, end of school term, Show weekend and Labour weekend are not considered valid reasons. Permission



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to be absent from games will only be given in special circumstances, and it is the Director of Sport and Housemaster who will make the final decision.

Representation in other outside teams, part-time jobs, outside school activities etc, are not acceptable reasons for the avoidance of sport.

If a boy is absent from the Saturday game because of an unforeseeable reason, he **MUST** report to his coach on Monday with a doctor's certificate for sickness or a note from his parents explaining his absence. Notes from home will not be accepted in the case of prolonged sickness. If the student fails to make contact with the coach the process of detention will be put in place.

All boys in summer and winter sport teams **MUST** have their team coach/captain's phone number. The team coach/captain should be contacted on the Saturday in case of sudden illness or last minute transport problems.

Failure of a boy to turn up for his game causes serious inconvenience, both to his own team and the team they are due to play.

SICKNESS AND INJURY

Occasionally your son may become ill/injured and be unable to participate in games/training. So that your son does not feel left out he will be placed on "Official Duties", within the team or sport e.g waterboy, manager, etc. During an extended injury or illness we would ask you to provide the Director of sport and Housemaster with a doctor's certificate.

MEDICAL ASSISTANCE/INJURY DURING SPORT

The coach of each team will be in charge of this matter. Parents will be informed by telephone of any serious injuries. The school policy is for an adult to attend the hospital with the student. If a boarder is injured, the House matron will be informed and she will usually go to the hospital after informing the parents.



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INSURANCE MEDICAL AND OTHER

Parents are reminded that the College has an Insurance Policy, which covers students of the College for a range of benefits, but it is supplementary to private health cover. It does not supersede private health insurance. Any medical or surgical treatment should be sought under private health cover as appropriate.

CHANGE OF SPORT

Students wishing to change sport may make a request by obtaining the Change of Sport Form from the Director of Sport. This must be filled in and accepted before the change can take place. Consideration will be given to numbers already in that sport, commitments of games to other schools and to the maintenance of standards in each sport. The final decision will be made by the Director of Sport.

SELECTION POLICY

Team selection will be the coach's prerogative. Boys will be selected primarily according to their ability, within their age group. Other factors such as dependability, maturity, etc may be taken into account.

If students are absent from school on training days, they must make contact with the coach and inform them of their availability for matches.

OUTSIDE REPRESENTATION/SPORT

Participation in sports outside the school is difficult but some special circumstances may apply. Written application must be forwarded to the Director of Sport. Time off school to attend outside sporting events must be applied for through the Housemaster and Director of Sport. The Headmaster will make the final decision. Parents are most welcome to discuss this matter with the Director of Sport.

HIGH PERFORMANCE EXEMPTIONS

For special cases e.g. high-level performance athletes, boys can be granted either a summer or winter sport exemption. This allows boys to train and compete within their club and at provincial and national level. These are generally for sports that are not offered at College.

Exemptions must be applied for in writing to Mr Rob Clarke, Director of Sport.

Exemptions for part time jobs, tuition etc will not be granted.





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