

Rugby at Christ's College



CHRIST'S COLLEGE
CANTERBURY

Christ's College offers a world-class high performance rugby development programme for secondary school boys passionate about the sport. We would like to offer boys from around the world the opportunity to join this programme, while being fully immersed in a world-class academic course of study.

Stephen Dods is the director of our rugby programme. With former All Black

captain Reuben Thorne as head coach, we have access to all the systems, training methods and expertise that have made the All Blacks the number one rugby team in the world.

Our dream is to share this unique rugby and education experience with other boys and help them be the best that they can. Our philosophy is each boy at his best and this applies to every aspect

of academic and sporting life. As part of this commitment to excellence, the High Performance Programme is offered to all our students.

Christ's College has a strong heritage and over 160 years of tradition. Our on-site boarding facilities provide the opportunity for boys to live and associate with young New Zealanders who also share a passion for excellence.



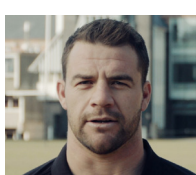
Stephen Dods – Christ's College director of rugby. Played for Canterbury and Leinster and coached professionally with Teikyo Daigaku from 2006 to 2010 taking them to number one in Japan. Also a former coach of Canon Eagles and the Canterbury development team.



Reuben Thorne – Christ's College First XV coach and former All Black captain. His record as an All Black stands at 48 tests played, with 22 as captain. In 2008, he left New Zealand to play for Yamaha Jubilo in Japan.



Will Sams – Will is a former NZ triathlete. He is in charge of the senior strength and conditioning programme and overall health and well-being at Christ's College.



Ross Kennedy – Former Crusader and Hurricanes lock. Ross coaches the Christ's College under-15A team and heads the junior strength and conditioning programme.



Cam McIntyre – Former Crusader and Toyota Verblitz player. Cameron is in charge of back attack and kicking for the First XV and all teams at Christ's College.

Kat Darry – Lead high performance nutritionist to the All Blacks and the New Zealand Rugby Union.



Recent College Rugby Successes

- First XV and Second XV teams finished first in the Canterbury competition, our other A level teams all finished in the top four of their competition.
- 26 Canterbury representative players at under-18 and under-16 level. Two of these players are new international students.
- First XV Captain, Ngane Punivai, was recently named in the New Zealand secondary schools team.



Short-term English rugby programme (8 July - 22 July, 2017)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
8.30 - 9.30am	ESOL	ESOL	House time	ESOL	ESOL	Game	Free day
10.30 - 11.30am	Skills	Skills	Skills	Skills	Skills		
11.30am - 12.00pm	Morning break	Morning break	Morning break	Morning break	Morning break		
12.00 - 1.00pm	Weights	Strength & conditioning	Weights	Weights	ESOL		
1.00 - 2.00pm	Lunch	Lunch	Lunch	Lunch	Lunch		
2.00 - 3.00pm	Speed	ESOL	Skills	Strength & conditioning	Speed		
3.00 - 4.00pm	Team training	Team training	Team training	Skill games	ITM Cup match		



Programme Fees

SHORT-TERM HOLIDAY PROGRAMME TOTAL FEE
\$2,800.00 per student
(minimum of 12 students required)

Inclusive of:

- Season Pass AMI
- Rugby registration
- Full playing kit
- Rugby jersey
- Crusaders training x4

Non-inclusive of:

- Airfares
- Insurance
- Visas

Accommodation includes:

- 3 meals per day
- Laundry facilities
- Boarding house co-ordinator
- Gym/pool facilities