

29 October Interclub – AJ Madondo – Athletics Canterbury U17 triple jump record

AJ Madondo (CCCA) opened up with a Canterbury interclub U17 record jump of 13.77m and followed up with another record effort of 13.86m. He earned an Athlete of the Week Award.

2022 Canterbury Secondary School track and field results

Normally, this event is held at the end of March. However, because of Covid-19, it was postponed until 3–5 November. Events were held on Thursday and Friday night and on Saturday afternoon.

As there were many sports events plus the Years 9–10 production on, many eligible athletes were unable to compete on the new dates. However, most of the boys achieved good results and many personal bests. Special mention to AJ Madondo – a Canterbury Secondary School record in the triple jump to go with his interclub record a week previously.

Special thanks to the coaches and College staff who were there to help over the three days. Special acknowledgement also to the relay boys who had to do some late call-ups to get teams on the track. Well done and deservedly rewarded with good results.

U14

Lui Tupuola

2nd Shot Put – 10.69m

2nd Discus – 30.91m

1st Hammer – 25.57m (note – it was an U16 event)

Lewis Devine-Smith

6th Shot Put – 7.85m

Dylan Jackson

2nd 80m Hurdles – 13.35

3rd 300m Hurdles – 48.29 (note – it was an U16 event)

Otto Church

2nd 3000m – 10.23.01

4 x 100m – 4th place

Dylan Jackson, Lui Tupuola, Jack Howard, Archie Nijjar

U15

PJ Palamo

1st Shot Put – 12.66m

1st Discus – 42m

Felix Bowden

3rd Shot Put – 9.58m

3rd Discus – 30.78m

Jack Hastie

6th 1500m – 5.11.96
6th 3000m – 11.14.22

Fynn Harrington

3rd 200m – 24.65

Benson Geng Wang

6th 200m – 24.98

William Gifford

10th 200m – 25.97

4 x 100m – 2nd place

Fynn Harrington, George Matthews, Gavin Holder, William Gifford

U16**Armani Lemalu**

2nd Shot Put – 13.43m
2nd Discus – 45.39

AJ Madondo

1st 100m – 11.17
1st 200m – 22.85
1st Triple Jump – 13.48m (**Canterbury record**)

Jack McKeown

5th 400m – 59.10
5th 800m – 2.29.44

Rico Steere

8th 3000m – 11.27.40

Max Howard

9th 3000m – 12.16.59 (injured in race)

Riley Diver

2nd Pole Vault – 2.80m

Henry Ansell

3rd Pole Vault – 2.20m

Aston Nijjar

2nd Triple Jump – 12.41m

4x100m – 1st place

Henry Thin, Josh Durant, AJ Madondo, and Jack McKeown

U19

Jackson Thomas

2nd Discus – 31.79m

Joesph Nash

4th 100m – 11.66

3rd 200m – 23.09

George Smith

9th 100m – 12.35

8th 200m – 25.41

Ryan Primus

3rd Long Jump – 5.77m

3rd Triple Jump – 11.95m