

Term 3

Week 8							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
COLD BREAKFAST	Choice of five cereals, full and trim milk, two assorted-flavour homemade yoghurts, assorted breads for toasting, assorted spreads, water, tea, coffee, Milo						
HOT BREAKFAST (including porridge in Terms 2–3)	Baked Beans, spaghetti, scrambled eggs	Baked Beans, spaghetti, hash browns	Baked Beans, spaghetti, sausages	Baked Beans, spaghetti, grilled bacon	Baked Beans, spaghetti, fried eggs	Baked Beans, spaghetti, French toast	Sunday Brunch: Sausages, bacon, beans, spaghetti, eggs, hash browns
LUNCH	Pumpkin soup	Lentils, lemon and tumeric soup	Hangi Chicken, pork, beef, potato, kumara, pumpkin	Baked sweet potato soup	Chickpea, capsicum and prawn soup		
	Peri peri chicken and rice	Sausages with mustard mash and onion gravy		Braised pork belly subs	Beef lasagne	Thai fish cakes	Cheese toasties
DINNER MAIN 1	Italian meatballs	Baked chicken drumsticks	Beef nachos	Boarders Awards Dinner Asian-inspired appetisers Staff tables – antipasto platter Roast rib of beef Baked York ham Roast potatoes Julienne of carrots Broccoli hollandaise Gravy Black Forest gateau Served with chantilly cream and berry coulis	Crumbed fish and chips	Pork schnitzel with plum sauce	Roast beef
DINNER MAIN 2	Chicken carbonara sauce	Spiced fish tacos	Chicken and prawn fried rice		Smoked chicken pasta		
STARCH	Spaghetti	Kumara/ potato bake	Corn chips		Oven-baked fries	Crushed potatoes	Roast potatoes
VEG 1	Steamed greens	Green beans	Steamed green vegetables		Braised red cabbage	Broccoli	
VEG 2	Carrot, raisin, coconut salad	Roasted beetroot and carrot	Salad bar		Salad bar	Chunky bean	Cauliflower mornay
DESSERT	Salted caramel cheesecake	Chocolate brownie with mixed berries	Individual pavlovas		Ice cream sandwiches	Chocolate demise	Fruit crumble with custard

Week 9

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
COLD BREAKFAST	Choice of five cereals, full and trim milk, two assorted-flavour homemade yoghurts, assorted breads for toasting, assorted spreads, water, tea, coffee, Milo						
HOT BREAKFAST (including porridge in Terms 2–3)	Baked Beans, spaghetti, scrambled eggs	Baked Beans, spaghetti, hash browns	Baked Beans, spaghetti, poached eggs	Baked Beans, spaghetti, griled breakfast sausages	Baked Beans, spaghetti, wholemeal blueberry pancakes		
LUNCH	Roasted pumpkin soup	Leek and potato soup	Carrot and ginger soup	Minestrone soup	Teachers-only day Lunch in Common Room Some boys about for lunch		
	Baked ham in wholemeal roll	Pulled beef and caramalised onion pizza	Chicken fajitas	Beef noodle stir-fry			
DINNER MAIN 1	Barbecue chicken with parsley and lemon sauce	Grilled pork stir-fry	Spaghetti bolognese	Flower's House Dinner <i>Other Houses out for their House Dinners</i>			
DINNER MAIN 2	Grilled fish kebabs	Roast vegetable frittata	Vegetable biryani				
STARCH	Cous cous	Rice noodles	Spaghetti				
VEG 1	Roasted carrots						
VEG 2	Salad bar	Salad bar	Salad bar				
DESSERT	Apple and berry shortcake with custard	Fruit yoghurt muesli pots	Fruit jelly with berry compote				