

# Term 1

Week 1							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Cold Breakfast</b>	Choice of five cereals, full and trim milk, two assorted flavour homemade yoghurts, assorted breads for toasting, assorted spreads, water, tea, coffee, Milo						
<b>HOT BREAKFAST (including Porridge in Terms 2-3)</b>	Baked Beans Spaghetti Scrambled Eggs	Baked Beans Spaghetti Hash Browns	Baked Beans Spaghetti Pancakes	Baked Beans Spaghetti Fried Eggs	Baked Beans Spaghetti Bacon	Baked Beans Spaghetti Eggs Benedict	Baked Beans Spaghetti Poached Eggs
<b>LUNCH</b>	Spaghetti Bolognaise	American Hotdogs with Mustard and Onions	Sticky Lemon Chicken with Rice	Homemade Sausage Rolls	Meat Lovers Pizza	Meatball Subs with Tomato Sauce	Fill-your-own Subway Bench
<b>DINNER MAIN 1</b>	Chicken and Bacon Burgers	Potato-top Steak Pie	Homemade Lasagne	Grilled Pork Chops	Butter Chicken with Garlic Naan	Rump Steak Pepper Sauce	Beef Burritos
<b>DINNER MAIN 2</b>	Mediterranean Quiche	Smoked Chicken Pasta	Pea, Ham, Kumara Filo Rolls	Pan-fried Fish with Creamy Caper Sauce	Creamy Pasta (3 Cheese and Salami)		
<b>STARCH</b>	Spicy Potato Wedges	Noodles	Garlic Gourmets	Roast Potatoes	Steamed Rice	Chips	Steamed Rice
<b>VEG 1</b>	Full Salad Bar	Roast Beetroot	Broccoli	Corn and Cabbage	Full Salad Bar	Full Salad Bar	Full Salad Bar
<b>VEG 2</b>		Green Peas	Baton Carrots	Roast Pumpkin			
<b>DESSERT</b>	Chocolate Ice-cream	Fresh Fruit Salad Chantilly Cream	Berry Cheesecake	Apple Crumble	Chocolate Pudding	Peach Melba	Ice-cream Sundaes

## Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Cold Breakfast</b>	Choice of five cereals, full and trim milk, two assorted flavour homemade yoghurts, assorted breads for toasting, assorted spreads, water, tea, coffee, Milo						
<b>HOT BREAKFAST</b>	<b>Weekend Brunch:</b> Sausages, Bacon, Beans, Spaghetti, Eggs, Hash Browns	Baked Beans Spaghetti Hash Browns	Baked Beans Spaghetti Waffles	Baked Beans Spaghetti Bacon	Baked Beans Spaghetti Fried Eggs	Baked Beans Spaghetti Eggs Benedict	<b>Sunday Brunch:</b> Sausages, Bacon, Beans, Spaghetti, Eggs, Hash Browns
<b>LUNCH</b>	<b>Waitangi Day</b>  Barbecue on Upper	Fish and Chips	Argentinian Steak Burgers with Chimichurri	Glazed Chinese Pork Belly with Noodles and Vegetables	Crispy Chicken Subs	Greek-style Beef on Rice with Pita breads with Yoghurt Mint Dressing	Ham and Cheese Toasties
<b>DINNER MAIN 1</b>	Roast Beef with Gravy and Yorkshire Puddings	Chicken Chassuer	Grilled Cumberland Sausages	Pepper Steak and Red Wine Ragout	Spicy Beef Nachos	Pulled Pork	Roast Chicken
<b>DINNER MAIN 2</b>		Chorizo Pasta	Chicken Cannelloni	Grilled Fish with Parmesan Crust	Creamy Pasta		
<b>STARCH</b>	Roast Agria	Couscous	Mashed Potatoes	Garlic Potatoes	Corn Chips	Mashed Potatoes	Gourmet Potatoes
<b>VEG 1</b>	Cauli/Broccoli Mornay	Carrots	Green Peas	Roast Pumpkin	Full Salad Bar	Full Salad Bar	Carrots
<b>VEG 2</b>	Roast Carrots	Broccoli	Red Cabbage	Green Veg Medley			Green Beans
<b>DESSERT</b>	Ambrosia	Caramel Panna Cotta	Chocolate Brownie	Pavlova	Fruit Jelly	Ice-cream with Hot Caramel Sauce	Peach Crumble

## Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Cold Breakfast</b>	Choice of five cereals, full and trim milk, two assorted flavour homemade yoghurts, assorted breads for toasting, assorted spreads, water, tea, coffee, Milo						
<b>HOT BREAKFAST</b>	Baked Beans Spaghetti Fried Eggs	Baked Beans Spaghetti Bacon	Baked Beans Spaghetti Waffles	Baked Beans Spaghetti Hash Browns	Baked Beans Spaghetti Poached Eggs	Baked Beans Spaghetti Eggs Benedict	<b>Sunday Brunch:</b> Sausages, Bacon, Beans, Spaghetti, Eggs, Hash Browns
<b>LUNCH</b>	Bratwurst Subs with Capsicums and Onions	Hoisin Pork Stirfry with Noodles	Tomato, Chilli and Garlic Chicken on Rice	Pasta with Chorizo and Vegetables	Pulled Beef Brisket Wraps	Homemade Lasagne	Fill-your-own Subway Bench
<b>DINNER MAIN 1</b>	Spaghetti Bolognese	Chicken and Mushroom Casserole	Beef Nachos	Chicken Tikka Masala	Barbecue Pork Spare Ribs	Chicken Burgers	Baked Ham
<b>DINNER MAIN 2</b>	Vegetable Kebabs	Grilled Fish with Parmesan Crust	Kumara and Spinach Filo Parcels	Chef's Choice Fish	Pumpkin and Ricotta Ravioli		
<b>STARCH</b>	Garlic Bread	Garlic Gourmet Potatoes	Corn Chips	Rice/Naan	Diced Potatoes	Spicy Potato Wedges	Gourmet Potatoes
<b>VEG 1</b>	Full Salad Bar	Roast Pumpkin	Full Salad Bar	Curried Cauliflower	Salad Bar	Full Salad Bar	Peas
<b>VEG 2</b>		Green Beans		Mixed Greens	Corn on Cob		Carrots
<b>DESSERT</b>	Fruit Jelly	Pavlova	Fruit Salad	Peach Melba	Panna Cotta	Ice-cream Sundae	Chocolate Cream Sponge

## Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Cold Breakfast</b>	Choice of five cereals, full and trim milk, two assorted flavour homemade yoghurts, assorted breads for toasting, assorted spreads, water, tea, coffee, Milo						
<b>HOT BREAKFAST</b>	Baked Beans Spaghetti Pancakes	Baked Beans Spaghetti Fried Eggs	Baked Beans Spaghetti Bacon	Baked Beans Spaghetti Scrambled Egg	Baked Beans Spaghetti Hash Browns	Baked Beans Spaghetti Bagels	<b>Sunday Brunch:</b> Sausages, Bacon, Beans, Spaghetti, Eggs, Hash Browns
<b>LUNCH</b>	Sweet and Sour Fish on Steamed Brown Rice	Meat Lovers Pizza	Minute Steak with Caramelised Onions in Sub	Cheesy, Herb and Chorizo Pasta Bake	Homemade Beef Pasties	Corn and Bacon Fritters with Tomato Relish	Fill-your-own Subway Bench
<b>DINNER MAIN 1</b>	Italian Meatballs in Neapolitan	Pepper Steak and Red Wine Ragout	Japanese Teriyaki Chicken	Mexican Burritos	Grilled Rump Steak	Homemade KFC	Roast Pork with Gravy
<b>DINNER MAIN 2</b>	Cauliflower 'steaks'	Chef's Choice Fish	Vegetarian Korma	Italian Risotto	Creamy Ham Pasta		
<b>STARCH</b>	Spaghetti	Creamed Potatoes	Fried Rice	Rice/Wraps	Saute Potatoes	Chips	Roast Agria
<b>VEG 1</b>	Full Salad Bar	Carrots	Full Salad Bar	Full Salad Bar	Corn Cobs	Full Salad Bar	Kumara/Carrots
<b>VEG 2</b>		Broccoli			Green Peas		Green Vege
<b>DESSERT</b>	Apricot Sponge with Custard	Caramel Panna Cotta	Ambrosia	Fresh Fruit Salad	Chocolate Brownie	Berry Cheesecake	Ice-cream Sundae