



<h1>Sam Bosworth</h1>	
Corfe House 2008–2012	College No. 14540



Sam Edward Charles Bosworth

Sam Bosworth is a gold medal-winning Olympian, representing New Zealand as a coxswain.

Rowing at Christ’s College spawned his love of the sport. In his years here, Sam learnt much about the importance of communication, teamwork, resilience and confidence. He loves working with people and his motivation to succeed comes from working as a team.

Rowing is about uniformity and when everyone is doing the same thing at the same time, it’s awesome, Sam says.

His advice to young rowers and other athletes is to be persistent. If you’re not selected or do not meet expectations, keep working towards your goal. Be a good person. Have trust and confidence in yourself. You don’t always have to be best mates but always be a team player. Control what you can, forget about what you can’t. Remember to always be grateful for the support around you.

Sam says his success would not have been possible without the support from sponsors, family, friends, teammates and coaches.

Sam attended Christ’s College 2008–2012 and has a Bachelor of Environmental Management and a Graduate Diploma in Business Studies from Lincoln University.